

SUMMER BASKETBALL
NEW WINDSOR RECREATION COACHES RULEBOOK

- The New Windsor Recreation Department will issue each coach and player a packet including rosters, rules, and schedules. Upon receiving of this packet, each player should be contacted.
- League shirts will be given to each registered player only.
- Organize practice schedule with day, date, time and location. Coach must call the Recreation Department to schedule practice at a facility. Each player should receive a copy of schedule & rules. Practices are not mandatory. You can not practice with outside leagues.
- Practices must be conducted in an orderly fashion. Stretching exercises must be performed before each practice. Teach the players the fundamentals of the sport, formal league rules, concept of the sport, and most importantly good sportsmanship. Ask parents to stay for practices and games to provide positive feedback to members.
- Determine which position each player would like to play and try to be accommodating.
- Coaches are encouraged to have players play other positions during the practices and games.

BEFORE GAMES:

- All players and coaches should arrive 15 minutes prior to game time.
- Teams should be organized at pre-game time to:
 - perform stretching exercises
 - practice
 - have line-up announced with a brief Reminder of position responsibilities
 - Have to line-up for pledge

DURING THE GAME:

- All coaches should be providing positive feedback to team members regardless of game situation or score.
- No negative conduct, remarks, or gestures will be tolerated towards team members, officials, spectators or recreation staff.
- Any problems should be brought to the attention of a recreation department staff member at the facility.
- After each game both teams will congratulate each other. Each coach will then get together with their team to discuss the game and remind players of the next practice/game time.
- Each coach is asked to write up highlights of their game for the newspapers, each players name must be mentioned as many times as possible throughout the season. Coaches should give articles to the recreation staff member on duty. Articles can be faxed to 569-7932 or emailed to kbabcock@town.new-windsor.ny.us. This needs to be handed into the recreation dept by 10am on Tuesday morning.

Basketball Rules

Before every game both teams will line –up for the pledge of allegiance.

1. All players must be registered and paid by the first game. If a non-registered player is caught playing, the player will be suspended for one (1) year from all recreation activities.
2. Every player must play at least two quarters. No player will play the whole game, except when a minimum numbers of players are available. We suggest all players be rotated to play all positions. All players must report to score table before going into the game.
3. If you receive one technical foul you will sit out one whole quarter. If you receive two technical fouls you will sit out the remainder of the game and the next league game or FUN Cup game. This includes team coaches. If you get called for a flagrant foul, you will sit out the remainder of that game and the next two (2)-scheduled games or FUN Cup games.
4. For the 6-8-year-old division the first 15 minutes will be for practice and drills and then they will play two Twenty minute halves. Referees will be provided. There will be no keeping score for this division.
5. Ten minute quarter running time. The clock only stops on foul shot, time outs and referee time outs. There will be no overtime for the 6-8, 9-11, 12-14 and 15-16 yr olds.
6. The 9-11, 12-14 and 15-16 year old division will play 4 quarters with score being erased after each quarter.
7. For 9-11, 12-14 and 15-16 year old divisions: when ahead by 15 points, there is no full court press. Teams have to stay behind 3 point line to be able to steal the ball. For ages 6-8 and 9-11, there is no full court press at any time. You can use a 2-3 zone, 2-1-2 zone, or man to man.
8. Ages 6-8 and 9-11, there is no 3 point shots allowed.
9. Age's 12-14 and 15-16 yr olds will play high school rules. 3 point shots will only count for 12-14 and 15-16 age divisions, as long as the facility provides 3 point shot lines.
10. During the game for 9-11, 12-14 and 15-16 yr old divisions you are able to take 4 time outs total for each team.

11. * If there is inclement weather, game cancellations will be posted on the Recreation website (nwrecisfun.com) and on the answering machine at the Recreation Dept 565-7750.*
12. An official or Recreation Department employee are the only ones who can cancel a game.
13. There will be no make up games.
14. Must use league issued ball.
15. Coaches must be with their players at all times. Players, who arrive before their coach, must stay with their parents until their coach arrives. There will be no playing on court until coach arrives. Coaches can not cancel games or re-schedule games.
16. Players and coaches must remain on the bench during the game. No spectators are allowed on or around the bench during the game (except as approved by a recreation staff member). All spectators must sit in the bleacher section.
17. Parents are strongly suggested to stay for their child's game or practice. When the game/practice is over, children are expected to leave with parents, or guardian.
18. Teams must pick up garbage around bench area after game.
19. Coaches must wear league-issued shirt.
20. Coaches must make every effort to contact their team for practices and games. Please contact the Recreation Dept if there are any problems in doing so.
21. No hanging on rims, net or slam dunking if doing so, you will receive two technical fouls and sit out the remainder of that game and next two scheduled games or FUN Cup.
- 22.. Coaches – It doesn't matter if you win or lose, you should play the game for fun.

F- Fundamentals U- Understanding N- Never Quit

Rules of Conduct for Recreation Programs

Fighting

Any player, coach, spectator or official who engages in physical fighting in any town sponsored program, will be asked to leave the facility/area and you will be suspended from all programs and trips for one (1) year from date of incident. The Town Supervisor may review this suspension after one (1) year.

Foul Language

If a participant is overheard by an official, league coordinator, or Recreation staff member using foul language or using any foul gestures towards an individual – he/she will sit out the remainder of that game. He/she will be suspended for two (2) games, and will not be able to play in the FUN Cup. If this behavior persists the player will be suspended for one year from date of incident from all recreation programs and trips.

Spectators, Coaches and Officials

No verbal abuse or personal harassment will be tolerated.

No verbal threatening will be tolerated, if verbal threatening occurs you will be asked to leave the facility and you will be suspended for up to one (1) year from date of incident from all programs and trips.

Uniforms and Equipment

Anyone found removing Town owned or Board of Education owned equipment from any Town or Board of Education facility will be suspended from all programs and trips for one (1) year from date of incident.

No defacing or alteration of uniforms, this may result in a one (1) year suspension from programs and sports. If you do not wear an issued uniform shirt in a game, you will not be permitted to participate in that game. Uniform shirts must be tucked into pants and pants must be worn waist height. Jewelry may not be worn, necklaces, bracelets or earrings (earrings may be covered by a band-aid or first aid tape)

Player Registration

If a player is not registered in a Town sponsored program and is playing in a Town sponsored program the player will be prohibited from registration in a Town program for one (1) year from date of incident.

Injuries

If a player becomes injured during the game, the game must be stopped to allow players' injury to be evaluated. All open wounds must be cleaned and covered. Shirts with blood on them must be changed; a street shirt may be worn at this point if an additional uniform shirt is not available. Player may return to game once they are checked and any wounds cleaned and covered. All injuries are to be reported to Recreation Department staff.

Players are to be dropped off 15 minutes before game/practice starts and must be picked on time. The recreation department staff recommends that the parent

or guardian stay with the child during the practice/game times. Also parents please do not leave siblings unsupervised during game/practice times.

Alcohol and drugs will not be tolerated in any of the New Windsor recreation programs; parks or facilities, person violating this rule will be prohibited from registration in any town-sponsored program.

IMPORTANT INFORMATION TO ALL OFFICIALS

- As an official, remember to take control of the game, but don't decide the outcome of the game.
- Be consistent.
- A good official is one who seems unnoticed.
- Don't continue arguments with a coach or crowd.
- Allow play to continue without losing control of the game.
- Be firm and confident with all calls.
- Don't antagonize players . . . don't allow players to antagonize.
- Be fair and have fun.

IMPORTANT INFORMATION TO ALL COACHES

- Don't get caught up in the excitement of the game . . . continue to coach and teach.
- It is not about the final score . . . it's about the improvement.
- Don't harass the official . . . be heard in a constructive way.

REMEMBER TO HAVE FUN